



ÉAM LES NOUVELLES

SEPTEMBRE 2023

PRINCIPAL'S MESSAGE

Bienvenue and Welcome to everyone!

I would like to welcome everyone to our new school! The French Immersion program is an inclusive program open to all students. The goal of French Immersion is to develop proud, confident, engaged, plurilingual global citizens. Our main focus this year will be on getting our students talking in French as much as possible. We will be encouraging our teachers to look for every opportunity to enhance the communication skills in their students. One of the most significant ways for students to be successful in French Immersion is through parental support. It is important that your children know why you decided to put them in French Immersion and it is equally important to encourage them along the way.

This week kicks off our first official week of École Arthur Meighen as a kindergarten to grade 8 school. This is the first time Portage la Prairie has ever had a milieu school, meaning all students in the school will be in French Immersion, with the exception of our one class of Junior Life Skills. The program has grown incredibly since 1980. In the inaugural year, there was one class of kindergarten and one class of grade one. I was one of the lucky ones enrolled in that kindergarten class! This year EAM will have 20 homeroom classes of French Immersion. Portage Collegiate Institute offers 15 credits in French Immersion for students in grades 9-12. We have certainly come a long way in 43 years and look forward to fully immersing our students in a milieu setting. We have many exciting ideas and plans underway for our new school!

Last week, 10 grade 8 students were trained to be tour guides for our school, last Friday a grade eight participated in a radio interview with me and just yesterday, 5 grade 5 students came in to put together a welcome surprise for our staff. Student engagement and voice will be a priority on our school plan. All students have a voice and their ideas matter. Students are encouraged to share their ideas with the staff so that we can work on a plan to make them happen!

In the next few weeks, we will have more information on our new school coming to you via email. At the beginning of every month, we will send out a newsletter outlining important activities and dates for you to remember. We recently set up a École Arthur Meighen Facebook page, following this page will keep you informed of all the things going on in the school.

September is a busy month that flies by! We have a staggered start for kindergarten, to ease our students into routine with less numbers of students in the class for the first few days. We have Strong Beginnings where there are no scheduled classes on September 15th and 18th. On the first day of school you will receive a letter with your child's appointment time and details on Strong Beginnings. Cross country running will begin for our middle years students along with instrument selection for students in grade 7 & 8 band.

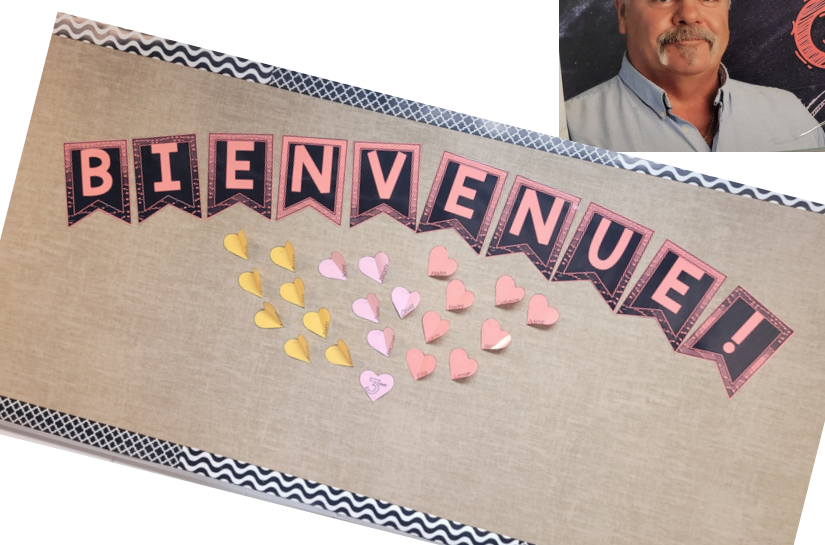
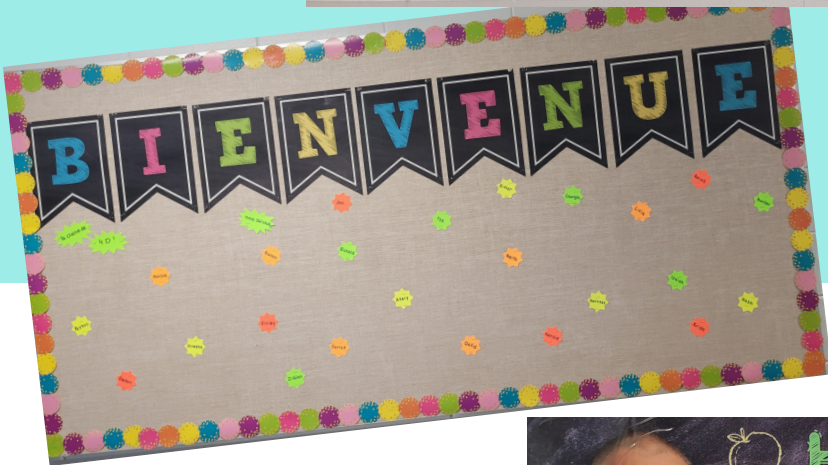
We look forward to a great month ahead! If you have any questions or concerns, we encourage you to reach out to the homeroom teacher or school administration.

Sincerely,
Tracy Vanstone
Directrice/Principal

IMPORTANT DATES

- Sept. 6 - School Meet and Greet 1:30-3:30
- Sept. 7 - First Day of School
- Sept. 14 - Band Student Instrument Selection 4-7 p.m.
- Sept. 15 - Strong Beginnings - No Classes
- Sept. 18 - Strong Beginnings - No Classes
- Sept. 19 - Canteen Opens
- Sept. 29 - Orange Shirt Day
- Sept. 30 - National Truth & Reconciliation Day
- Oct. 3 - Divisional PD Day - No Classes
- Oct. 4 - Photo Day
- Oct. 6 - Terry Fox Walk & BBQ
- Oct. 9 - Thanksgiving Day - SCHOOLS CLOSED
- Oct. 12 - BU Band Concert
- Oct. 18 - Gr. 6&8 Vaccines
- Nov. 6 - Picture Retakes
- Nov. 9 - Remembrance Day Services
- Nov. 10 - Student Led Conference - No Classes
- Nov. 11 - Remembrance Day

Bienvenue French		à EAMS			
Kaabo Yoruba	Welkom Afrikaans	Peehtikway Michif	Дoбpo Πομπροβαραο Russian	Tawow/Tansi Cree	
欢迎 Chinese	स्वागत Hindi	Mabuhay Tagalog	स्वागत Nepali	સ્વાગત છે Gujarati	
خوش آمدید Urdo	歡迎 Cantonese	Karivus Hapax Greek	Karibu Swahili		
Maayong pag-abot Bisaya	ברוך הבא Hebrew	ਜੀ ਆਇਆਂ ਤੂੰ Punjabi	Bem-vindo Portuguese		






SEPTEMBER 2023

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OCTOBER 2023

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September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Trying to register online but don't see the time you want? Call or text 204-595-5005 to have your name added to the waitlist!				1 STAFF PD DAY	2
3 Need transportation to program? Contact FRC & we can arrange a shuttle!	4 LABOUR DAY CENTRE CLOSED	5 Chest/Breastfeeding Group 11 am Drop In Play 1-4 pm	6 Grand Pals 10:30 am (Dufferin Villa)	7 Toddler Shenanigans 9 am or 11 am	8 Healthy Cooking 10 am or 1 pm Family Game Night 5-7 pm	9 Super Dads, Super Kids 10 am
10	11 Wiggle, Giggle, Munch 9 am or 11 am	12 Healthy Baby 11 am Drop In Play 1-4 pm	13 Babies & Babble Newborn 9:30 am Babies 11:30 am Mom's Time 7:30 pm	14 Musical Mornings 9 or 11 am 4:30 pm	15 Kids in the Kitchen 10 am or 1 pm	16
17	18 Book Buddies 9 am or 11 am Annual General Meeting 7:00 pm	19 Our Neighbourhood 9 am Chest/Breastfeeding Group 11 am Drop In Play 1-4 pm	20 Grand Pals 10:30 am (Dufferin Villa) Homeschooling Co-Op 1:30 - 3:30 pm	21 Toddler Shenanigans 9 am or 11 am Nobody's Perfect 1-3 pm	22 Healthy Cooking 10 am or 1 pm	23
24	25 Wiggle, Giggle, Munch 9 am or 11 am	26 Healthy Baby 11 am Drop In Play 1-4 pm	27 Babies & Babble Newborn 9:30 am Babies 11:30 am	28 Musical Mornings 9 am or 11 am Nobody's Perfect 1-3 pm	29 CENTRE CLOSED FOR	30 NATIONAL DAY FOR TRUTH AND RECONCILIATION

STEP 1: Find a program to join! STEP 2: Register on our website! STEP 3: Join us at the FRC!

Find us on Facebook & Instagram: Family Resource Centre Portage

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PROGRAMS:

Babies & Babble - Interactive baby and parent activities, including music and movement for sensory development. Join the group appropriate to your baby's motor skills: Newborn - to sitting unsupported (approx. 0-6 months), or Babies - sitting to taking first steps (approx. 6 months+). Childcare provided for older children.

Book Buddies - A literacy program focusing on speech, movement, songs and of course books! It's facilitated in partnership with a speech and language pathologist. (Ages 18 months-6 years)

Chest/Breastfeeding Group - A space for nursing parents (and those considering) to come together and feel supported in their journey from pregnancy to weaning. Childcare provided.

Drop In Play - Our playroom is open to use for 1-4 pm. Get out of the house and come meet some new friends, play with new toys, or skip cleaning your house and come here for a playdate instead! This is not a program, so no registration is needed. Come when you want and leave when you need to!

Family Game Night - Meet up at the FRC for fun, laughter and lots of board games! Pizza provided!

Grand Pals - Make new friends at this program that brings together younger and older generations for planned activities and lots of fun! You're never too old to play! Held at Dufferin Villa.

Healthy Baby - A program for pregnant and new moms to come together and chat. (Pregnant-1 year).

Healthy Cooking - Come join others and prepare your own healthy family meal, with step by step instructions. Please bring your own container for this recipe, so you can enjoy your creation at home! Childcare provided.

Homeschool Co-op - A chance for homeschooling families to come together to achieve common goals and enrich the home education experience. (Preschool+)

Kids in the Kitchen - Introduce your kids to the fun preparation of healthy nutritious meals, with step by step instruction. Please bring your own container for this recipe, so you can enjoy your creation at home! (Ages 2 - 6 years)

Mom's Time - Time committed to focusing on you. A space to try new things and connect with other Moms.

Musical Mornings - Explore the world of rhythm and rhyme with music and songs for toddlers! This program focuses on musical discovery through instruments, finger play, and movement. (Ages 6 months-3 years)

Nobody's Perfect - This 6-session program is designed to provide new parents with the opportunity to learn about the basics of parenting including parent self-awareness & self-esteem; child health & safety; discipline & praise; and healthy child development. (Caregiver of Children Ages 0-5) There is certification for this program but you have to attend 4 out of the 6 sessions, after the second session it becomes a closed group and there will not be new registrants after the second class.

Our Neighbourhood - Learn what it means to be a caring human being by learning about the wonderful places and people in our community! (Ages 18 months+)

Super Dads, Super Kids - Come meet other dads! We will provide the coffee and fun activities to do with the kids. (Ages 1-6 years)

Toddler Shenanigans - This program provides children the opportunity to explore the world around them by using their five senses to further develop their natural desire to learn! (Ages 1-6)

Wiggle, Giggle, Munch - A physical activity and nutrition program that encourages parents and children to have fun through active play, games and songs! (Ages 2-6)



September TOPICS:

Healthy Cooking - September 8

Recipe: Beef Udon Stir Fry
Simple Beef Udon Stir Fry recipe with beef, steak, noodles, vegetables, and homemade stir fry sauce. Easy weeknight dinner ready in 20 mins!

Mom's Time - September 13

Topic: Beading
Who is ready for our Mom's Time to start up again? (We are!) Let your creative juices flow as we get together on the evening of September 13th to do some beading. Never beaded before? No problem! We will learn together. Register online! Please note that childcare will not be available for this program.

Kids in the Kitchen: September 15

Recipe: Zucchini Chocolate Muffins
These chocolate zucchini muffins are a great way to use up all that garden zucchini! Moist, chocolaty, delicious muffins that everyone will love!

Healthy Cooking - September 22

Recipe: Lentil Walnut Burgers
These scrumptious and filling patties have lentils, rice, walnuts and loads of flavor in them. You won't believe how good they taste!

FREE wellness coaching is available!
Schedule your appointment by calling 204-595-5105.
childcare is available.

MASK UPDATE - PLEASE READ!

Masks are optional for the indoor programs. If you or someone in your family is unwell, please stay home and let us know you won't be attending. We will have masks and sanitizer available! If you would prefer still wear a mask when interacting in close contact with your children/yourself, please let us know.

Find us on Facebook & Instagram: Family Resource Centre Portage